



# TRAUMA-INFORMED AND HEALING-CENTERED PRACTICES

COACH ADVISORY GROUP MEETING  
October 26, 2020

# Agenda

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## **INTRODUCTIONS**

## **BACKGROUND**

COACH

Focus on Trauma-Informed and Healing-Centered Practices

Our Guiding Principles

## **ADVISORY GROUP**

Purpose and Scope

How We Work Together

Your Feedback

## **NEXT STEPS**

# Introductions & Advisory Group Membership



<b>Name</b>	<b>Affiliation</b>
Meagan Corrado, DSW, LCSW	Bryn Mawr College / American Institutes for Research
Peter Cronholm, MD, MSCE	Penn Medicine
Kate Daugherty	Hopeworks
Patty Davis, LSCSW, LCSW, IMH-III	Children's Mercy Kansas City
Jeanne Felter, PhD, LPC	Thomas Jefferson University + Philadelphia University
Leslie Lieberman, MSW	Health Federation of Philadelphia
Caroline Menapace, MSW, LCSW	Children's Hospital of Philadelphia
Carol Murray, MSS, MLSP	Children's Hospital of Philadelphia
Caitlin O'Brien, MPH	Scattergood Foundation
Sosunmolu Shoyinka, MD / Kate Fox, MPH	Philadelphia Department of Behavioral Health and Intellectual disAbility Services (DBHIDS)
Roberta Waite, EdD, PHMCNS-BC, FAAN, ANEF	Drexel University College of Nursing and Health Professions / 11th St. Family Health Services

# What is COACH?

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- COACH stands for **C**ollaborative **O**pportunities to **A**dvance **C**ommunity **H**ealth.
- Since 2015, COACH has brought together hospital/health system, public health, and community partners to address community health needs in southeastern Pennsylvania.



THE HEALTH CARE IMPROVEMENT FOUNDATION  
*Building Partnerships For Better Health Care*



## **MISSION**

To foster coordination and collaboration within and across sectors on interventions that build and maintain conditions for sustained community health and well-being.

## **VISION**

We envision a Greater Philadelphia that promotes well-being for all community members.

# History of COACH

## OUR GROUP

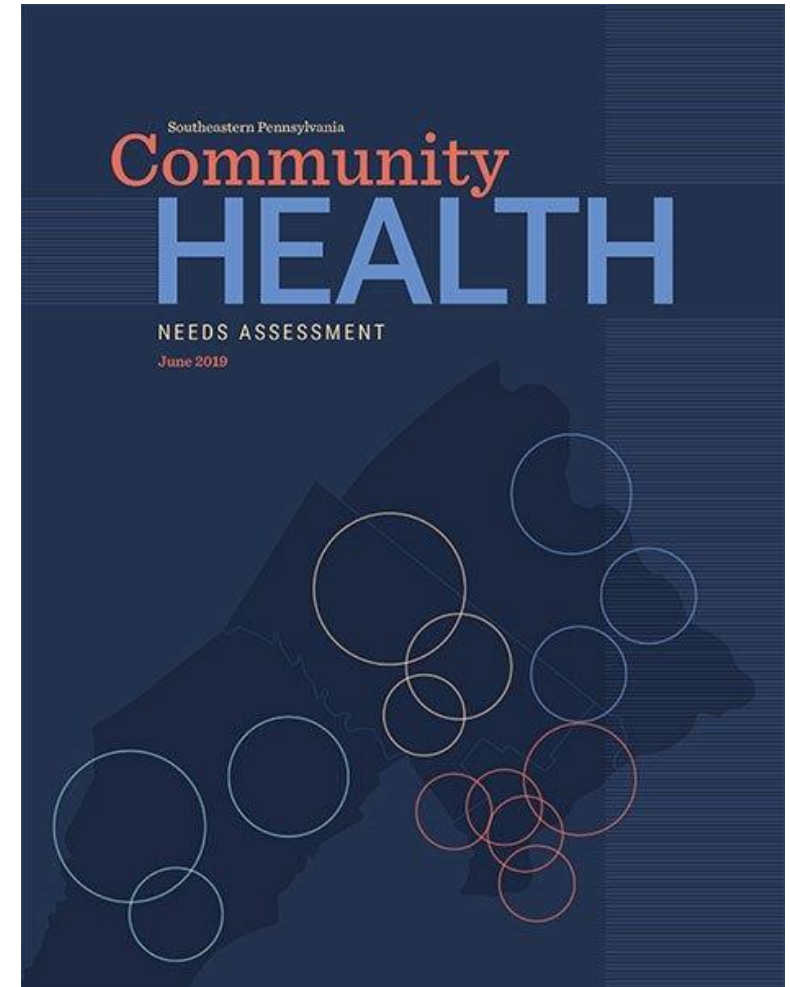
- 8 health system teams
- 16 cross-sector partner organizations

## OUR ROOTS

- Based in non-profit hospitals' Community Health Needs Assessments and implementation planning
- Convening regularly since 2015

## OUR PRIORITY AREAS

- A longstanding focus on food insecurity
- A new focus on Trauma-Informed and Healing Centered Practices (TIHCP)

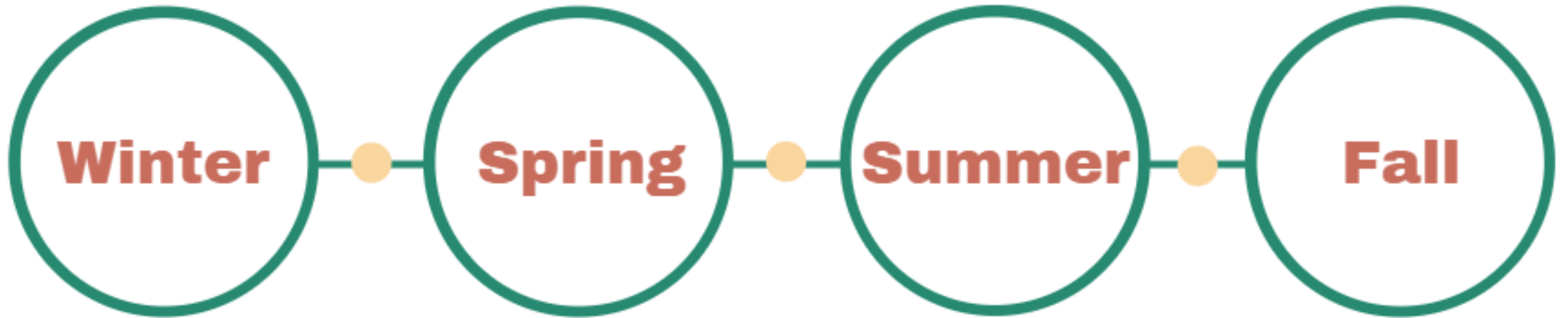


# Focus on Trauma-Informed & Healing-Centered Practices

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- **Build** awareness of the importance of a trauma-informed and healing-centered approach.
- **Encourage** systems of care and service to anticipate, acknowledge, and respond to past trauma.
- **Support** the development and implementation of trauma-informed and healing-centered practices at participating organizations.

# 2020: Timeline Leading up to TIHCP Activities



- COACH members endorse TIHCP as priority area through 2022
- COACH members write coordinated effort into implementation plans

- COACH members receive level-setting training from Dr. Sandy Bloom, and capacity-building practice presentation by Patty Davis
- Slide-based case-making resource distributed
- *Collaborative hiatus (Mar – May) due to COVID-19*

- Project team meets with cross-sector leaders for environmental scanning
- Advisory Group is recruited
- COACH members attend *Resilience* screening and kick-off session for TIHCP activities

- Advisory Group begins convening
- Institution-specific project teams begin convening



# Health Systems' Commitment Through 2022

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- **Organizational and culture change** to become trauma-informed and healing-centered organizations.
- **Individual team-based work** to advance TIHCP within organizations, in alignment with best practice and supported by technical assistance
- **Measurement and evaluation** of their efforts, as guided by the Advisory Group

*Milestones and timeline for achievement to be determined.*

# Our Guiding Principles

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- We must **name the impact** of pressing traumatic experiences, like the COVID-19 pandemic and systemic racism, and **build systems that explicitly address** these and other forms of trauma.
- We seek to **center lived experience and racial equity** in this work.
- We support **healing at all levels and for all people**, from health system staff, to patients and communities.

# Our Guiding Principles

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- We recognize organizational and culture change is a **long-term journey** for participating health systems. To support them on this journey, we will:
  - Strike a **balance between flexibility and accountability**
  - Support each health system team in finding a **pace of continuous progress** that it can maintain over time.
- We will **encourage transparency and shared learning** within and across participating institutions.

# Advisory Group: Purpose and Scope of Work

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## PURPOSE

- The Advisory Group is rooted in **practice and the “how,”** especially in a Greater Philadelphia context.
- The charge is to develop **actionable recommendations** for health system teams to adopt.

## AREAS OF FOCUS

Practice recommendations to address:

- Building the case and leadership buy-in
- Fostering champions and strong teams
- Establishing organizational infrastructure and practices to support staff
- Delivering healing-centered patient care
- Evaluating the impact of a trauma-informed approach

# How We Work Together

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## **Creating a Safe Space for Input and Exchange of Ideas**

Listen deeply and actively, respect others when they are speaking

Respect lived experience...individuals can only speak to their own personal experiences

Challenge yourself...be open to changing your mind & make space for others to do so

Be open to learning and asking for help...everyone has more to learn

Expect and accept non-closure

Respect confidentiality

Take care of yourself

***Others?***

# How We Work Together

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## **Setting Expectations for our Process**

We intentionally seek out complementary expertise.

Decision-making is achieved by consensus.

The facilitators are not the experts or the decision-makers.

The facilitators will practice good faith accountability.

# Your Feedback

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- What questions or concerns do you have?
- What adjustments would you suggest be made to the list of priorities?
- Given our guiding principles and the purpose/scope of the Advisory Group, who is missing? Whose voice and experience are essential to integrate?
- What is the desired...
  - Type/level of interaction between Advisory Group & COACH?
  - Level of engagement between meetings?

# Next Steps

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- Scheduling next meetings: early December, late January
- Individual follow up

**THANK YOU!**