COACH

Collaborative Opportunities to Advance Community Health

Funded by The Hospital and Healthsystem Association of Pennsylvania and participating hospitals and health systems, COACH is an initiative that brings together hospital/health system, public health, and community partners to address community health needs in southeastern Pennsylvania. Facilitated by Health Care Improvement Foundation since launching in 2015, COACH has provided a structure for participants to explore collaborative implementation strategies as hospitals/health systems respond to community health needs assessments (CHNA) through implementation plans mandated by the Affordable Care Act.

Food access

Access to care

Substance use disorders

Priority Health Needs

COACH addresses root causes of poor health and social needs identified in participants' CHNAs.

Chronic disease management

Behavioral health

Healthy living environment

Many challenging health problems arise from social issues that cannot be effectively addressed by one stakeholder alone. Through a collective impact approach, COACH gives participants an opportunity to make real progress together in addressing the underlying social needs that give rise to poor health.

8 HEALTH SYSTEM TEAMS
Representing 18 local hospitals

Abington-Jefferson Health • Children's Hospital of Philadelphia • Einstein Healthcare Network • Holy Redeemer Health System • Jefferson Health • Penn Medicine • Temple University Health System • Trinity Health Mid-Atlantic Region

16 PARTNERS
Public health, community, & insurer partners

American Heart Association • Benefits Data Trust • Drexel University Center for Hunger-Free Communities • Coalition Against Hunger • Delaware Valley Regional Planning Commission • The Food Trust • Greener Partners • Health Federation of Philadelphia • Health Partners Plans • Keystone First • Montgomery County Health Department • Philabundance • Philadelphia Association of Community Development Corporations • Philadelphia Department of Public Health • Share Food Program • United Way of Greater Philadelphia and Southern New Jersey

COACH participants identified improving access to healthy food as an effective way to help at-risk patients and families prevent or better manage chronic disease.

Food insecurity is the lack of consistent access to sufficient nutritious food necessary to lead a healthy life.

Nationally, 12.7% of households are affected by food insecurity, and in Philadelphia, 21.7% of residents are affected.

Food insecurity is associated with poor physical and mental health outcomes, high prevalence of chronic illnesses, high health care utilization and spending, and adverse effects on child development.

Food Insecurity Programming

Identify patients with food insecurity using a two-item, validated screening tool in clinical settings.

Connect patients in need of food to resources and programs that help them access health food.

Expand this model of identification and resource connection to other key social needs.

Create a shared toolbox by testing new models of food access programming, developing training and resources, and fostering shared learning.

In a health care system, trauma can affect everyone, from patients and their families to providers and staff. COACH participants are focused on addressing trauma to create a culture of healing, starting within hospital walls and spreading throughout communities in greater Philadelphia.

Trauma results from experiencing events that are harmful or life-threatening, which overwhelm a person's ability to cope over time. These experiences cause lasting negative effects on a person's physical, mental, and developmental well-being. A large body of research, including critically important studies on Adverse Childhood Experiences, shows that early trauma can affect people's health and wellness later in life.

Trauma-Informed Approach

COACH's coordinated approach to advancing trauma-informed practices assists participating organizations to:

Conduct organizational assessments to determine what's already in place, identify internal champions, and plan for implementation of training and resources.

Develop training and continued education for all health system staff to raise awareness around trauma and promote healing-centered practices.

Create organizational infrastructure for supportive resources that promote self-care, safety, and compassion satisfaction.

Organizational Scanning and Planning

Education and Awareness

Infrastructure for Support and Change

June 2020